

WEDNESDAY, JUNE 6, 2018

# STAYING HEALTHY IN THE CLASSROOM



150 Stewart

Haysville, KS 67060

Penny Schuckman, Director

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Graduate  
Credit  
Available

REGISTRATION DEADLINE: MAY 31, 2018



**WORKSHOP DESCRIPTION:**

DURING THIS WORKSHOP, PARTICIPANTS WILL LEARN SOME BASIC NATURAL REMEDIES. (THESE TECHNIQUES WILL BE GREAT FOR HOME USE ALSO.) THEY INCLUDE NATURAL SUBSTITUTES FOR ANTIBIOTICS; NATURAL DROPS FOR PINK EYE AND EARACHE; HEADACHE RELIEF; SORE THROAT REMEDY; NATURAL ANTISEPTIC SPRAY AND GEL; SUNBURN PROTECTION; BUG STING RELIEF; BRUISING AND PAIN RELIEF. IN ADDITION, THERE WILL BE IDEAS FOR REMOVING STAINS AND SMELLS WITHOUT TOXIC CHEMICALS. PARTICIPANTS WILL BE ABLE TO MAKE VARIOUS SAMPLES TO TAKE HOME TO TRY.



**PRESENTER: KAY MCADAMS**

KAE MCADAMS HAS 29 YEARS OF CLASSROOM EXPERIENCE, 1ST THROUGH 12<sup>TH</sup> GRADE. SHE WORKED TEN OF THOSE YEARS IN SPECIAL EDUCATION AND 2 YEARS AS AN INSTRUCTIONAL COACH. KAE HAS TAKEN CLASSES FOR NATURAL HOME REMEDIES AND ESSENTIAL OILS THROUGH NATURE'S INSTITUTE. HER GOAL IS TO COMPLETE HER CERTIFICATION AS A NATURE'S INSTITUTE NATURAL HEALTH SPECIALIST.

**DATE & TIME:** WEDNESDAY , JUNE 6, 2018  
12:30 PM TO 3:30 PM

**LOCATION:** THE LEARNING CENTER, USD 261  
150 STEWART  
HAYSVILLE, KS 67060

**COST:** \$50 OUT OF DISTRICT  
FREE TO USD 261 STAFF

*\* ONLY 20 SPACES AVAILABLE \**

**REGISTRATION DEADLINE: MAY 31, 2018**

**NAME:** \_\_\_\_\_

**E-MAIL:** \_\_\_\_\_

**SCHOOL/DISTRICT:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**PAYABLE TO:**

THE LEARNING CENTER

**REGISTER ON OUR WEBSITE:**

[HTTP://USD261.COM/LEARNINGCENTER](http://USD261.COM/LEARNINGCENTER)

**OR REGISTER BY E-MAIL, PHONE, OR FAX:**

E-MAIL: [DLEWIS@USD261.COM](mailto:DLEWIS@USD261.COM)

PHONE: (316) 554-2331; FAX: (316) 554-2342

