

Date & Time: Tuesday, June 8, 2021
8:30 a.m. to 3:30 p.m.

Location: The Learning Center, USD 261
150 Stewart
Haysville, KS 67060

Cost: \$100 Out of District
Free To USD 261 Staff

Graduate
Credit
Available!

Registration Deadline: June 1, 2021

Payable To:

The Learning Center, USD 261

Register on our website:

<http://usd261.com/learningcenter>

If you have questions please email or call us:

E-Mail: dlewis@usd261.com

Phone: 316.554.2331



150 Stewart
Haysville, KS 67060
Penny Schuckman, Director



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TUESDAY, JUNE 8, 2021



THIS IS &RIEF



**150 STEWART
HAYSVILLE, KS 67060**

PENNY SCHUCKMAN, DIRECTOR

WEBSITE: [HTTP://USD261.COM/LEARNINGCENTER](http://usd261.com/learningcenter)

PHONE: 316.554.2331 FAX: 316.554.2342

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REGISTRATION DEADLINE: JUNE 1, 2021



This Is Grief

WORKSHOP DESCRIPTION:

Grief is the natural reaction to loss. It includes feelings, thoughts, and behaviors when a loss has occurred. Grief can result after an array of losses beyond death (Ex: Life post-pandemic) and collective grief is a loss event shared by a group or community. The emotions surrounding grief can catch us off guard and if not fully faced and swept under the rug, can grow to be a bigger issue that comes around at unexpected times and in crippling ways. When we dismiss grief we are also dismissing life. When we think that we are separate from grief, or - rather, that our grief needs to be separate from us, we perpetuate suffering around this multi-layered emotional experience.

As difficult as grief counseling can be in the workplace, it can be even more difficult for children and their families. Special care must be taken when working with children to help them grieve in a healthy manner. While grief counseling is not necessary for most people dealing with the loss of a loved one, there are some big potential benefits for those who are struggling more than usual. If an individual was experiencing distress before the loss they suffered, or if their grief is chronic and interferes with normal functioning, grief counseling can help him or her to address their intense emotions and move on with the healing process.

In this session topics related to children and adolescents suffering loss of death, divorce, suicides, disabilities, and more will be covered. The tasks of mourning will be examined from this age groups' perspective. Participants will learn a comprehensive set of communication techniques in working with children and in assisting them to more fully express their feelings of loss. Participants

will examine children's fears, how to help them face funerals and memorials, and other related dynamics. Content also focuses on abnormal grief reactions and when to refer for therapies.



This Is Grief

Issues of the participant's own grief and burn-out syndromes will also be addressed. Special situations of grief and mourning are also explored, such as sudden death, violent death, suicide, child death, death in the elderly, and more. Interventions for working with special situations are presented.

Key Objectives:

1. Raise awareness around grief key themes and how they relate to individual roles in education.
2. Raise awareness and expose participants to strategies for shifting practices in a school setting.
3. Present core competencies and build skills to take back to the classroom and utilize in the school environment.
4. Provide hands-on activities to role-play conversations (individual and group) with students/adults in grief.
5. Create a personalized grief tool-kit that is unique to fit personal comfort level and student population served.

PRESENTER: JODI GROVER

Jodi believes that every child should have every opportunity to reach his or her full potential. She has spent over 28 years as a school teacher, counselor, administrator and educational consultant in Kansas. Jodi has spent her career as a prek-12 counselor, business teacher, college and career director, and school administrator which has given her a view through a variety of lenses to approach social-emotional and mental health for students. Along with serving as a Crisis Specialist for ESSDACK assisting districts with prevention and recovery, Jodi holds the position as the Chief Education Operations Officer of VIBE (Virtual Interactive Based Education) focusing on social, emotional and mental health assessments.