



Dr. John
Burke
Learning
Center

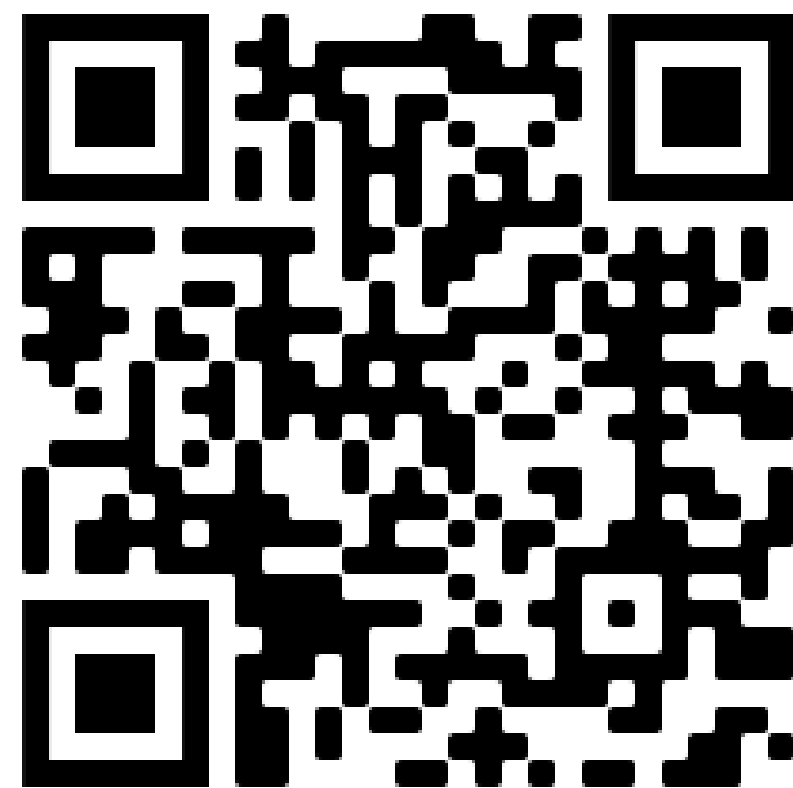


Dr. John
Burke
Learning
Center

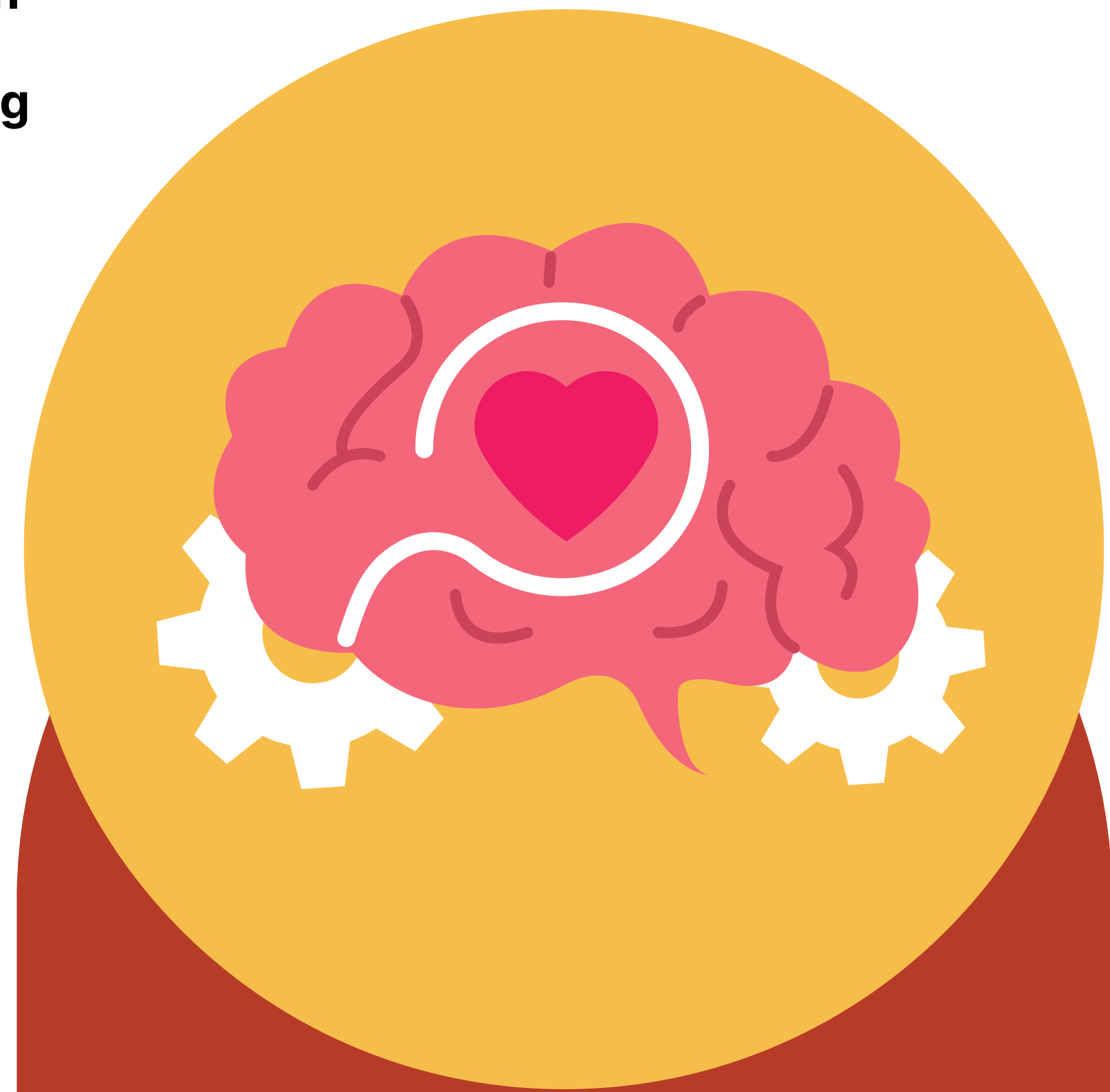
**GRADUATE
CREDIT
AVAILABLE!**

Contact Us

316.554.2331
Director Penny Schuckman
pschuckman@usd261.com
Secretary Ashleigh Taylor
astaylor@usd261.com



150 Stewart Ave
Haysville, KS 67060



ADULT MENTAL HEALTH FIRST AID

WEDNESDAY,
OCTOBER 4, 2023

USD261 does not discriminate on the basis of race, color, national origin, age, sex, disability, or military status, in admission or access to, or treatment or employment in its programs and activities. Any person having inquiries concerning Haysville Public School's compliance with the regulations may contact the Assistant Superintendent for Personnel, Gillian Macias, 1745 W. Grand, Haysville, KS 67060, 316-554-2200.

Workshop Description

Mental Health First Aid teaches:

- Information on depression, anxiety, trauma, psychosis, and substance use.
- A 5-step action plan to help someone developing a mental health concern or in crisis.
- Available evidence-based professional, peer, and self-help resources.

Mental Health First Aid is listed in the Substance Abuse and Mental Health Services Administration's National Registry of Evidence-Based Programs and Practices. Studies show that individuals trained in the program increase their knowledge of signs, symptoms and risk factors of mental illness and addictions; can identify multiple types of professional and self-help resources for individuals with a mental illness or addiction; increase their confidence in and likelihood to help an individual in distress; and show reduced social distance to individuals with mental illnesses.

The Adult Mental Health First Aid course is appropriate for anyone who wants to learn how to help adults who may be experiencing a mental health crisis or concern.

Presenter Details

COMCARE:

This course is delivered by certified Mental Health First Aid USA instructors who complete a 5-day training and meet certification requirements.

Date: October 4, 2023

Time: 8:00 am - 5:00 pm

Location: Dr. John Burke Learning Center

Cost: \$100 Out of District
Free to Haysville USD261 Staff

Payable To: Dr. John Burke Learning Center, USD261

**GRADUATE
CREDIT
AVAILABLE!**

**Registration Deadline:
September 27, 2023**



Register Now

www.usd261.com/learningcenter

