



Dr. John  
Burke  
Learning  
Center



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## Contact Us

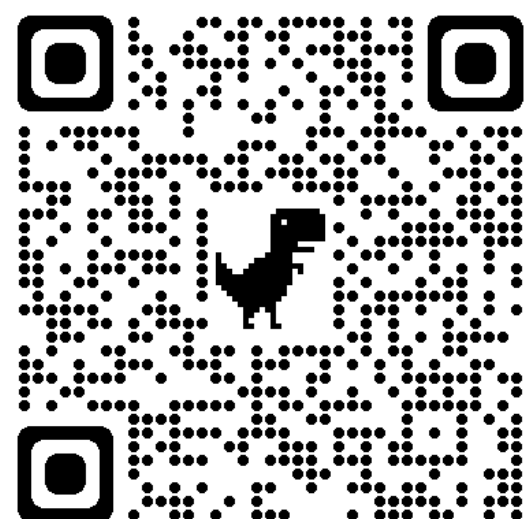
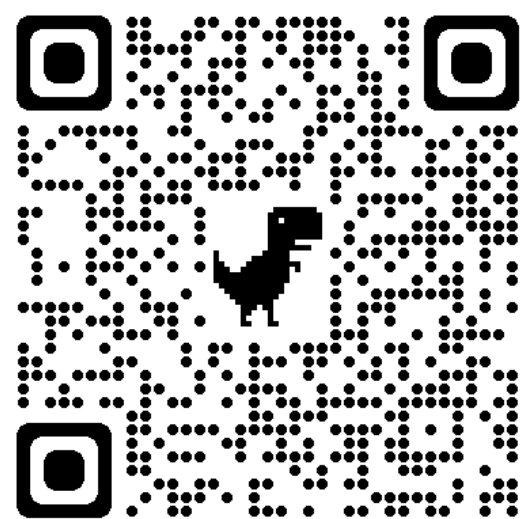
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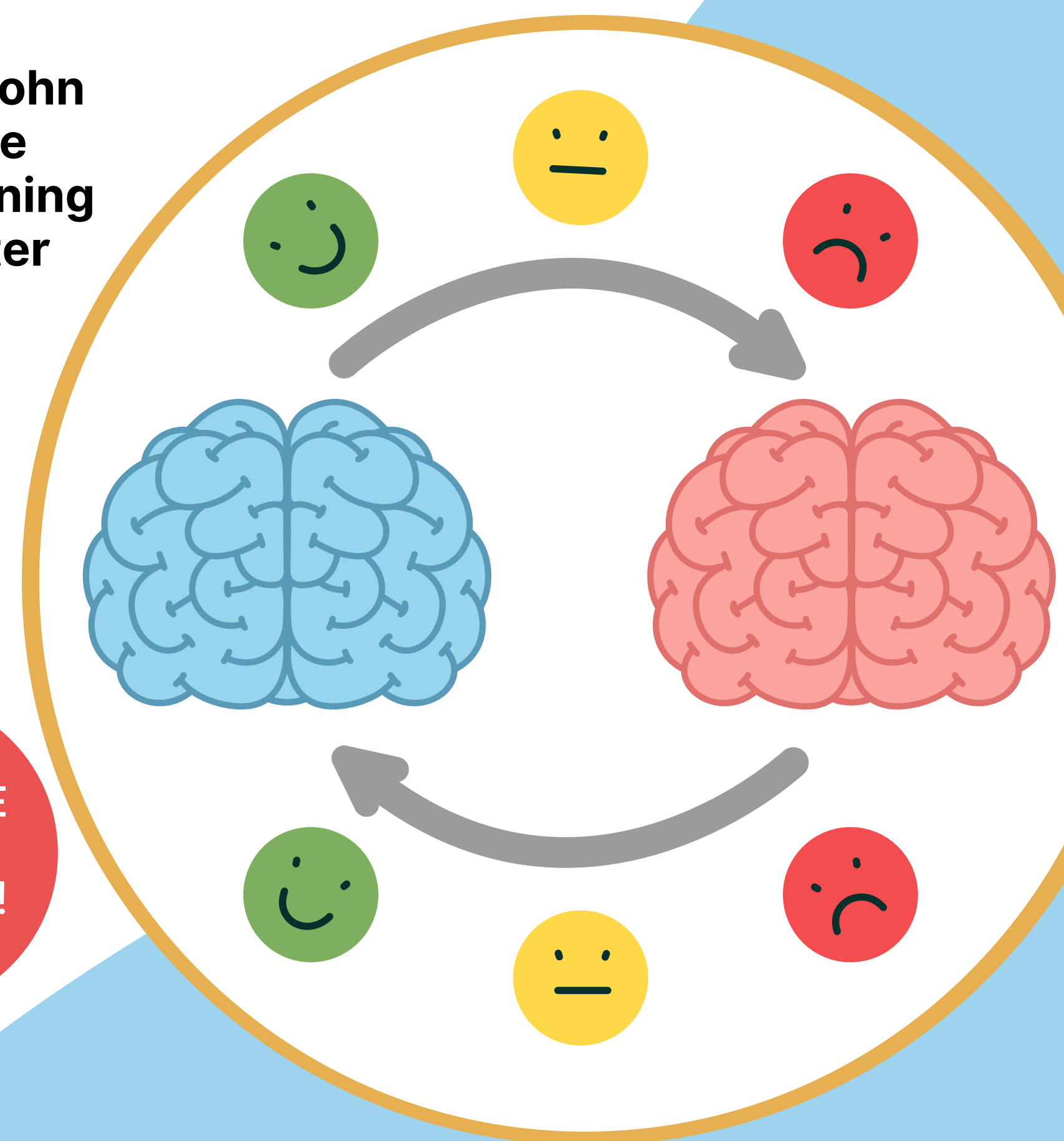


150 Stewart Ave  
Haysville, KS 67060



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GRADUATE  
CREDIT  
AVAILABLE!



# HELPING YOUNG PEOPLE LEARN SELF-REGULATION

November 10, 2023  
8:30 am - 3:30 pm

USD261 does not discriminate on the basis of race, color, national origin, age, sex, disability, or military status, in admission or access to, or treatment or employment in its programs and activities. Any person having inquiries concerning Haysville Public School's compliance with the regulations may contact the Assistant Superintendent for Personnel, Gillian Macias, 1745 W. Grand, Haysville, KS 67060, 316-554-2200.

# WORKSHOP DESCRIPTION

Self-Regulation includes a set of insights and skills students need for academic success, emotional control, and healthy social interaction. Helping young people improve their self-regulation skills can help them to better handle anger issues, anxieties, impulsiveness, academic challenges, classroom behavior issues, self-esteem struggles, social troubles and more. The presenter will provide recommendations and strategies that you will be able to use with all students, and in particular with students who have behavioral and/or emotional self-control issues. The content of this seminar is consistent with the principles underlying the RTI/MTSS and positive behavior supports movements. In this seminar you will learn how to apply step-by-step strategies/activities to teach young people how to increase self-regulation including: Cooling the Flame, My Warning Signs, Melting Freeze, You Can't Make Me Laugh, Free Emotional Expression, Challenge Software Program, and Defiance Trap.

# PRESENTER INFORMATION

Brad Chapin is a best-selling author and an internationally recognized speaker in the area of self-regulation. He has nearly 20 years of experience in behavioral health serving children and adults. Brad has a passion for teaching parents and professionals the importance of helping children develop healthy self-regulation skills. He continues to create innovative strategies utilizing technology to engage children in the process. Brad believes that self-regulation provides an easy-to-learn and easy-to-implement framework for addressing many of the problem areas children and families experience including ADHD, anger/behavior problems, academic issues, social/emotional problems, autism spectrum disorders and anxiety/depression.

**DATE:** Friday, November 10, 2023

**TIME:** 8:30 am - 3:30 pm

**LOCATION:** Dr. John Burke Learning Center

**COST:** \$100 Out of District  
Free to Haysville USD261 Staff

**PAYABLE TO:** Dr. John Burke Learning Center, USD261

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**REGISTRATION DEADLINE:  
NOVEMBER 3, 2023**



Register Now

[www.usd261.com/learningcenter](http://www.usd261.com/learningcenter)

