

# Medical Statement to Request School Meal Modification

**Important!** School Food Authorities are required to make substitutions to meals for children with a disability that restricts the child's diet on a case-by-case basis and only when supported by a written statement from a State licensed healthcare professional. If you have questions about this form, the school contact named in Part A below will assist you.

**Modifications to Accommodate a Disability:** A school is required to make meal modifications prescribed by a medical authority to accommodate a student's disability.

**Definition of Disability:** Under Section 504, the ADA, and Departmental Regulations of 7 CFR part 15b define a person with disability as any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such impairment, or is regarded as having such an impairment. "Major life activities" are broadly defined and include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working. "Major life activities" also include operation of a major bodily function, including but not limited to, functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine, and reproductive functions.

**This form must be completed by a "medical authority" that is authorized by Kansas state law to write medical prescriptions: licensed physician (MD or DO) OR a physician's assistant (PA) or an advanced registered nurse practitioner (APRN) authorized by their responsible licensed physician.**

**Part A. Student, Parent/Guardian & School Contact Information – To be completed by a parent/guardian or school contact person.**

Student's Name:	Date of Birth:	School:
Parent/Guardian's Name:	Parent/Guardian's Phone:	
School Contact's Name:	School Contact's Phone:	

**Part B. Prescribed Diet Order – This part must be completed by a medical authority as specified above.**

1. Description of the child's physical or mental impairment related to the prescribed diet order and major life activity affected.  
*Example: Allergy to peanuts affects ability to breathe.*

2. Explanation of what must be done to accommodate the disability (please describe in detail to ensure proper implementation):

Omit Foods Listed Below:	Substitute Foods Listed Below:
--------------------------	--------------------------------

Modified Texture:	<input type="checkbox"/> Not Applicable	<input type="checkbox"/> Chopped	<input type="checkbox"/> Ground	<input type="checkbox"/> Pureed
Modified Thickness of Liquids:	<input type="checkbox"/> Not Applicable	<input type="checkbox"/> Nectar	<input type="checkbox"/> Honey	<input type="checkbox"/> Spoon or Pudding Thick
Special Feeding Equipment:	<input type="checkbox"/> Not Applicable	<input type="checkbox"/> Special Feeding Equipment _____ (e.g. large handled spoon, sippy cup, etc.)		

3. Medical Authority's Information:

Signature:	Title:
Printed Name:	Phone:
	Date:

**Part C. Parent/Guardian Permission – To be completed by a parent/guardian**

I give permission for school personnel responsible for implementing my child's prescribed diet order to discuss my child's special dietary accommodations with any appropriate school staff and to follow the prescribed diet order for my child's school meals. I also give permission for my child's medical authority to further clarify the prescribed diet order on this form if requested to do so by school personnel.

Parent/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

This institution is an equal opportunity provider.